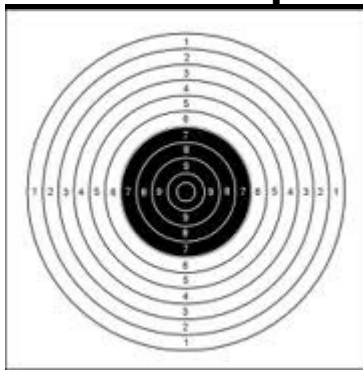


Centre fire/Sports Pistol - Precision Stage.



The target used for the Centre fire Precision Stage is the ISSF 25m Precision Target. For Centre fire you will need a centre fire pistol, for Sports you will need a .22 long calibre pistol. Both versions require 70 rounds.

Preparation time is 5 minutes.

Course of Fire.

Sighting Series.

5 shots in 5 minutes.

Patch.

Competition Series.

6 series of 5 shots in 5 minutes.

Score and Patch after each series.

(Scroll down to next page for Centre fire/Sports pistol rapid stage).

Centre fire/Sports Pistol - Rapid Stage.



The target used in the Centre fire Rapid Stage is the ISSF 25m Rapid target.

Shooters must be in the ready position at the start of each series.

The ready position is arm extended at 45 degrees forward and down.

Each series the targets are exposed for 3 seconds and away for 7 seconds, there are 5 exposures per series.

When the targets turn to the exposed position the shooter raises the pistol and fires, then lowers to the ready position to await the next exposure.

This is commonly referred to as 'Duelling'. Preparation time is 3 minutes.

Course of Fire.

Sighting Series.

5 shots 'Duelling' timing (3 seconds exposed, 7 seconds away for 5 exposures).

Patch

Competition Series.

6 Series of 5 shots 'Duelling' timing (3 seconds exposed, 7 seconds away for 5 exposures).

Score and Patch after each series.